

# Health Literacy Promotion and Its Institutional Arrangements:

Rethinking Collaborative Health Promotion in Thailand

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# **Background of the paper**

- •Research funding by Thailand Science Research and Innovation
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- •Health Literacy, City, and the State: Challenging Collaborative – District Health Governance in Local Thailand

## Traditional approaches to health literacy

- Positivist perspective
- Development of measurement toolkits
- •Level of health literacy of specific groups (in numbers/percentages)
- •Roles of agencies in health literacy promotion

# This work's argument

- •Institutional frameworks (legal, social, political, economic structures, etc) has been overlooked
- •Understanding institutional factors is also helpful as we could see a bigger picture of health promotion
- •We could see what are structural factors behind policy implementation

# **Major questions**

- •What are the main institutional arrangements that governed health literacy promotion policies in Thailand since 2014?
- •Can these arrangements be viewed as collaborative health governance?

# Methodology

#### Documentary research

- Primary sources: the constitution of the kingdom of Thailand, national strategies, and official plans regarding health and health literacy promotions, national health development plan, reports from the Department of Health, Ministry of Public Health
- Secondary sources: research reports, articles, pamphlets, online articles

## Methodology

- •The approach to analysis: theoretically driven content analysis
  - •Institutionalism
  - •Collaborative governance

#### Results

Governing Institutions	Institutional Arrangements on Health Literacy	Regulations
National Reform Council/National Reform Steering Assembly	<ul> <li>Define health literacy as a national agenda</li> <li>Established a national committee on health literacy and health communication</li> <li>Aim to reach health literate organization and community</li> <li>Conducts health literacy surveys</li> </ul>	
Constitution of the Kingdom of Thailand, 2017	Chapter V Duties of the State  Section 55 Chapter VI Directive principles of state policies  Section 71 Chapter XVI  Section 258	For example,  "the state shall ensure that people receive efficient public health service universally, ensure that public has basic knowledge in relation to health promotion "  "the state should promote and develop the enhancement of health in order to enable people to have good health"
12 <sup>th</sup> National Health Development Plan (2017 – 2021)	Strategy 1 Actively empowered human well-being for Thais 4 Goals 4 Measures	For example,  Measure 1 Building networks and alliances between social groups, local authorities, NGOs, civil society organisations, Measure 2 Develop "Health in All Policy" Measure 3 Promote "Health Literacy" Measure 4 Improve systems that determinate health

#### Results (Cont.)

Governing Institutions	Institutional Arrangements on Health Literacy	Regulations
National Strategy (2018 - 2037)	Aspects related to Public Health in Strategy 3 Development of Human Capital  Issue 4.5 Enhancing Well-Being among Thai people	For example,  Promote Health Literacy by developing knowledge and health communication.  Support all sectors to participate in health literacy promotion.
Office of Department of Health (DoH) 4.0 and Health Literacy, Ministry of Public Health	Promotion and Prevention Excellence Strategic Plan Health literate organization (Government, Civil Society, Private) 66 Key Messages for HL	<ol> <li>Survey national health literacy levels</li> <li>Develop required knowledge on health literacy</li> <li>Enhance human development</li> <li>Develop health communication system</li> <li>Support research and innovation</li> <li>Support and engage in development of health literate organization, school, and community</li> </ol>
Health Education Division, Department of Health Service Support, Ministry of Public Health		

# Results (Cont.)

Governing Institutions	Institutional Arrangements on Health Literacy	Regulations
Thai Health Literacy Association (THLA)	<ul> <li>Cooperation with health agencies on health communication and key messages on health literacy</li> <li>Provide policy recommendations on health literacy to the public</li> </ul>	
Regulations of the Office of the Prime Minister on District Health System	• Establishment of the District Health Board (DHB)	Duties and responsibilities of the DHB  1. Set goas for quality of lives improvement in a district  2. Integration among state agencies in a district  3. Support collaboration between all sectors  4. Provide recommendation and being a consultant on quality of lives improvement in a district  5. Evaluate all works regarding quality of lives in a district

#### **Discussion**

- 1. Fictitious collaborative governance
- 2. Pseudo-deliberation
- 3. Rethinking collaborative health promotion

# Fictitious collaborative governance

Collaborative governance	Fictitious collaborative governance
Bottom-up	Top-down
Trust-buildings	Coercion
Understanding and commitment in community	Community is guided by bureaucratic, local government authorities
Social actor domination	State actor domination

# Pseudo-deliberation

Deliberative democracy	Pseudo-deliberation
Democratic regime	Authoritarian regime
Society-led regime	Bureaucratic-led regime
Deliberative engagement in decision- making	Top-down and centralized decision-making

#### **Conclusion:** Rethinking collaborative health promotion

- •The authors argued that to reach the goal of a health literate community and society, we should <u>re-approach health and</u> <u>health literacy promotion from the bottom-up perspective</u>.
- •Also, <u>overcoming fictitious collaborative health promotion</u> and <u>pseudo-deliberation</u> are necessary.
- •To do that, we need a long-term project of **building up a** 'critical health regime' based on critical education and anti-authoritarianism as major principles.